



# St Marys Public School

*The small friendly school in the heart of St Marys*

## NEWSLETTER

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TERM 2 | WEEK 5

### PRINCIPALS MESSAGE

#### Bookfest

Throughout this week classes have been visiting the Connected Classroom to take part in Bookfest 2017. Each class has met an author via video conference. Some of the authors involved were Aaron Blabey, Mem Fox, Jackie French and Jeff Kinney. This has been an excellent opportunity for students to learn the inspiration behind some of their favourite stories and to learn some effective writing techniques from the experts.

#### South Creek Excursion

On Thursday May 18, students from 4/5C, 5/6S and 5/6D took part in an excursion to South Creek. They heard stories and information about the Aboriginal use of the area from Uncle Colin. Norma Thorburn and Caroline Volkiene from the St Marys Historical Society shared information about the history of the area. Staff from Greening Australia and Ian Moxon, a sustainability expert taught about the environment how to look after it. Oonagh Sherard, sound artist created sound sculptures from recycled materials and discussed the importance of art to inspire and inform. The students and teachers had a wonderful day and came back from the excursion with new insights about how to help protect our environment.

#### EduTECH

16 students from Stage 3 had the opportunity to attend the EduTECH Conference this week which was held at the International Conference Centre at Darling Harbour. Our students worked with Mr Jones and demonstrated the use of "Green Screen" technology to delegates from around Australia. They also were able to visit other exhibits and have hands on time with new and emerging technologies such as coding and robotics.



## Sydney West Cross Country

Congratulation to Summa who has qualified for the Sydney West Cross Country Carnival that will be held at Eastern Creek Race Track on Wednesday the 14<sup>th</sup> of June. Well done Summa on your achievements so far and we wish you all the best on the day.

Robert Linas  
Relieving Principal

## P – 2 Athletics Carnival 2017



**from 10am Friday, 23 June.**  
If you are able to help, please see  
Mrs. Laws or Ms. Rankine.

**NEXT P&C MEETING**  
Wednesday, 14 June  
9.15am in the Library

## PSSA Knockout Soccer

Weather permitting, our boys' soccer team will be playing this Thursday at the soccer field near St Marys Senior High. Game time is 9.30am.

## Our PSSA Knockout Netball team



Nutrition Snippet

## The simplest way

...to make easy fried rice.

Serves: 4 | Preparation: 20 minutes | Cooking: 10 minutes  
*Leftovers are great for lunch boxes.*

**Ingredients:**  
Brown rice  
2 eggs  
½ onion, finely diced  
1 cup cabbage, chopped  
½ cup broccoli, chopped  
½ cup peas  
1 carrot, finely grated  
1 tsp salt-reduced soy sauce  
Canola oil spray



**Method:**  
Cook rice until soft. Lightly spray a fry pan with canola oil and place over medium heat. Crack eggs into hot pan. Stir to mix white with yolk, using a wooden spoon to separate into pieces (like a scramble). Add all veg, cook about two minutes, add brown rice and season with soy sauce.

For more information visit [www.eatittobeatit.com.au](http://www.eatittobeatit.com.au)  
or join us at [facebook.com/eatittobeatit](https://facebook.com/eatittobeatit)

The Eat It To Beat It program is supported by the Nepean Blue Mountains Local Health District Live Life Well @ School Program.

Health  
Nepean Blue Mountains  
Local Health District



# COMMUNITY NEWS

## COMMUNITY ACTIVITIES

### Helping Hands

Tuesday and Fridays in the E Block

### Playgroup

Wednesday, 9am-11am

E Block

### Banking

Friday, 8.30 - 9am

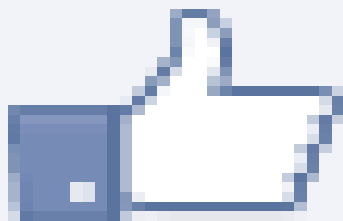
Library annexe

Find us on Facebook –

[www.facebook.com/stmaryspublic](http://www.facebook.com/stmaryspublic)



Like us to keep up to date with news and upcoming events.



## CALENDAR

Please check skoolbag for changes and updates.

### WEEK 8

#### Monday, 12 June

PUBLIC HOLIDAY

#### Tuesday, 13 June

Stewart House Bag Collection  
Helping Hands

#### Wednesday, 14 June

9.15am P&C Meeting in the Library  
Sydney West Cross Country  
Assembly

#### Thursday, 15 June

9.30am Boys' PSSA Knockout Soccer game

#### Friday, 16 June

Helping Hands

### WEEK 9

#### Friday, 23 June

P – 2 Athletics Carnival

### WEEK 10

#### Wednesday, 26 June

Preschool Cleaning Day  
End of Term Assembly

#### Thursday, 27 June

Student reports sent home

#### Friday, 28 June

Last day of term