

St Marys Public School – An Asthma Friendly School

Student Asthma Record.

Asthma represents a major health problem in the Australian community and asthma affects one in four young children and one in seven adolescents. Many are unidentified or not yet diagnosed as having asthma.

As a common chronic illness in childhood it is widely recognised that many of the problems associated with asthma impact on a child’s education.

An Asthma Friendly School is one that adopts and works towards strategies that actively support the whole school community in the management of asthma.
A separate record is required for each child. Parents / Carers are asked to complete this form and return it to the school office.

Please print answers clearly in the blank spaces where indicated and tick (✓) the appropriate box.

Student Details

Student’s Name:..... Gender: M F
(SURNAME) (FIRST NAME)

Date of Birth:/...../..... Class:..... Teacher:.....

Parent / Carer Name:.....Relationship:.....

Telephone No:.....(Hm)(Wk)

Emergency Contact Name:.....Relationship:.....

Telephone No:.....(Hm)(Wk)

Doctor:..... Telephone No:.....

Does your child have asthma?

Yes

No

For **Yes** – continue to complete the form over the page.

For **No** – please sign and date the form below and return it to school.

Parent / Carer Signature

Date

Usual Asthma Management Plan

Child's symptoms (e.g. cough):

Triggers (e.g. exercise, pollens):

Medication requirements:

Name of Medication	Method (e.g. puffer & spacer, turbuhaler)	When, and how much?

In an **Emergency** follow the plan below that has been ticked (✓)

Standard Asthma First Aid Plan

Step 1 Sit the student upright, remain calm and provide reassurance. Do not leave student alone.

Step 2 Give 4 puffs of a blue reliever puffer (*Airomir, Asmol, Bricanyl or Ventolin*), one puff at a time, preferably through a spacer*. Ask the student to take 4 breaths from the spacer after each puff.

Step 3 Wait 4 minutes

Step 4 If there is little or no improvement, call an ambulance immediately (Dial 000)
Continue to repeat steps 2 and 3 while waiting for the ambulance.

* Use a blue reliever puffer (*Airomir, Asmol, Bricanyl or Ventolin*) on its own if no spacer is available

OR

My child's Asthma First Aid Plan (attached)

Additional Comments:

I authorise the school staff to follow the preferred Asthma First Aid Plan and assist my child with taking asthma medication should they require help. I will notify you in writing if there are any changes to these instructions. Please contact me if my child requires emergency treatment or if my child regularly has asthma symptoms at school.

Signature of Parent / Carer : ----- Date: -----

